

Coach Profile: Steve Lewis



Thank you for asking for my coaching support. To give you a clearer sense of how we might work together, I have put together this page. Feel free to reach out with any questions that come to mind. I am here to help.

My aim is to create a safe and supportive environment that helps you realise your potential and reach your goals.

I bring my career experience and expertise as a professional coach to support and challenge your thinking.

Together, we will explore your goals, address your challenges, and uncover the opportunities that you create.

My coaching principles:

‘Coaching time is thinking time.’ Having time to think is a rare event in the modern business world. Coaching provides you with a unique space to develop and explore your thoughts.

‘Working from strengths.’ I am influenced by positive psychology and a strengths based approach. Let’s focus on what we are good at, and work out how we can use our natural strengths first.

‘Micro matters.’ Small changes create significant impact. I have learned that the smallest shifts in our habits, mindset, or actions can lead to transformative results over time.

‘The system connects.’ Understanding how our working world is interconnected, helps us to better navigate complexities, anticipate challenges, and identify opportunities.

‘Reflective practice.’ Growth starts with reflection, increasing self-awareness, and commitment to action. In a world that moves quickly, reflective practice helps us to pause, learn, and evolve.

Steve’s background:

I work with Senior Leaders and their teams typically in professional services, to help them develop, grow and high-perform.

Whilst, I have a background in financial services, sales & marketing, strategy and business leadership, my passion has always been in developing people.

I am now an entrepreneur, running a multi-faceted coaching and people development business, that supports senior leaders and their teams; trains professionals in the skills of client connection; and supports career strategies for older workers.

I have a love of learning, studied for my MBA at the OU, and my MSc at Henley Business School. I continue to learn about culture, motivation, and psychology.

Most importantly, I am a family man.

Qualifications & Accreditations

MSc Coaching & Behavioural Change

MBA Open University

EMCC Senior Practitioner



ACC ICF Accreditation

COF Accreditation

Chartered Insurer